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# Strong Women OF THE WATER

# Strong Women OF THE WATER

## ABOUT ALL <sup>v</sup> NATIONS

Cathy Taggett  
G'ana'k'w Canoe Family

Jodi Simkin  
Tl'emtl'ems Canoe Family

Ron Snyder  
G'ana'k'w Canoe Family

Harry Moon  
Pink Paddle Canoe Family

Michelle Robinson  
Tl'emtl'ems Canoe Family

Strider Headworth  
Qwyano Canoe Family

Jeff Smith  
Makah Canoe Family

Cpt Randy Sonnier  
Oliver Canoe Family



**Strong Women**  
2022

*Strong Women*  
**OF THE**  
**WATER**

# MEET OUR TEAM

Organizer: Michelle Robinson

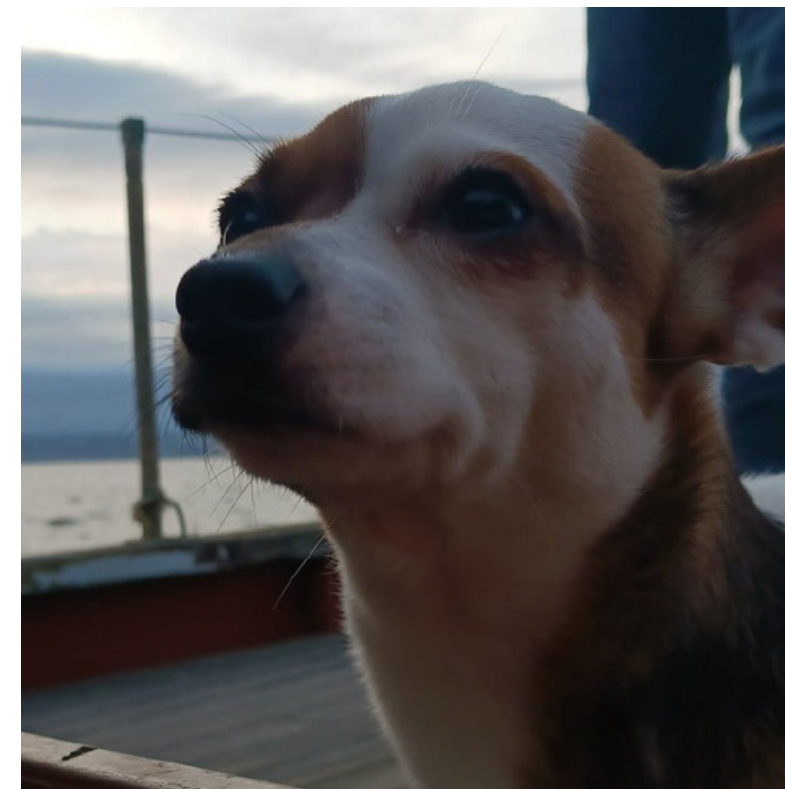
Organizer: Jodi Simkin

Safety Lead & Support Boat: Captain Randy Sonnier

Canoe Skipper: Jonnica Royal (Oliver Canoe Family)

Canoe: Singing Coho (Steven Recalma)

Companions: I-C-Kway and Remi



# THE JOURNEY

Kwakiutl First Nation

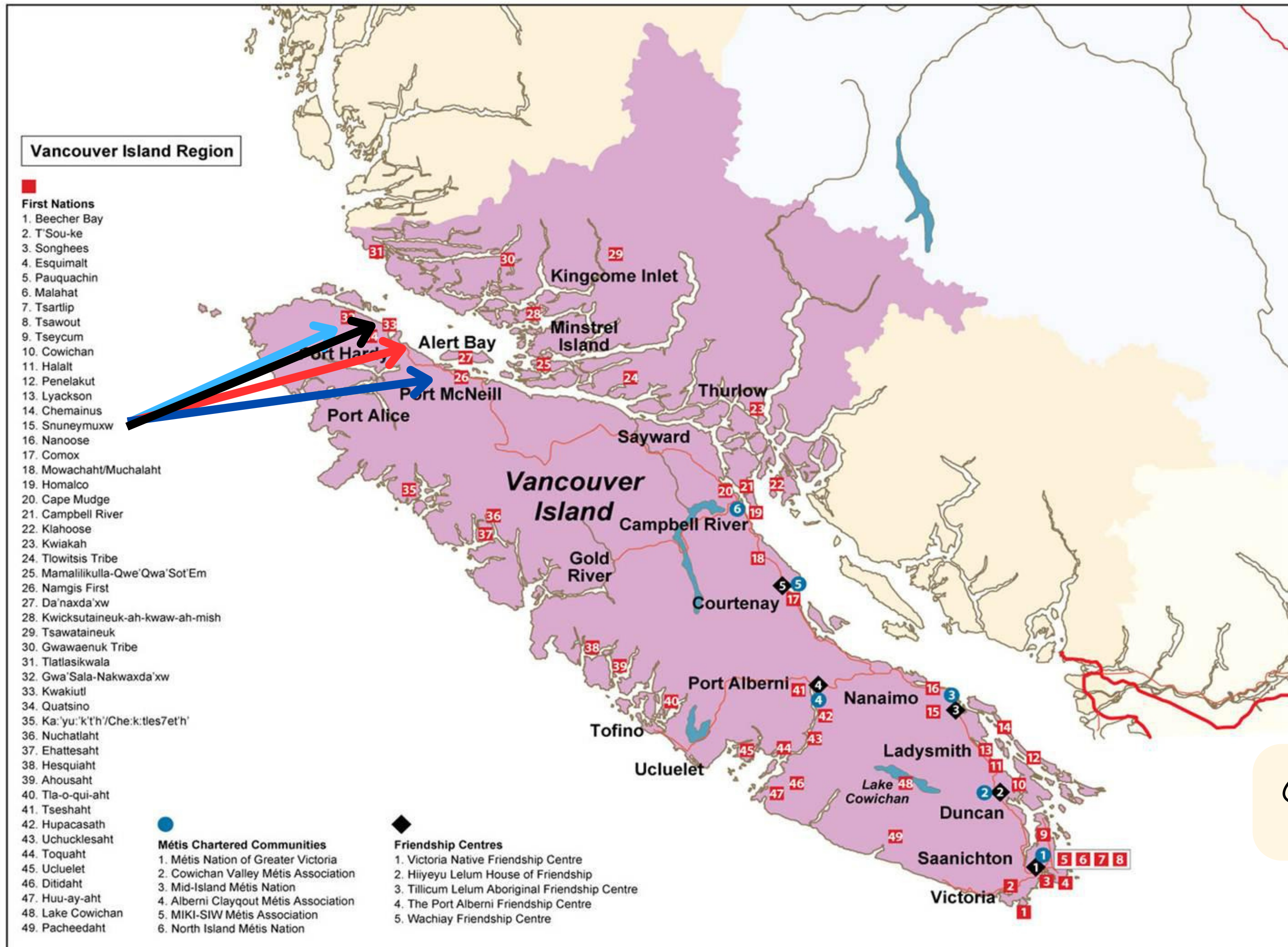
Fort Rupert

Cluxewe

Nagmis First Nation

Port McNeil

*Strong Women*  
OF THE  
**WATER**



# Strong Women OF THE WATER

All Nations would like pullers and road crew to be in Kwakiutl First Nation (Fort Rupert) by 5:00pm on Friday night so we can meet one another and enjoy dinner and canoe programming.



## **SEPT 8**

Kwakiutl First Nation (Fort Rupert)

## **SEPT 9**

Fort Rupert to Cluxewe Resort

Departure: 7:00am

Distance: 11.5 Nautical Miles

## **SEPT 10**

Cluxewe Resort to Nagmis First Nation

Departure: 8:00am

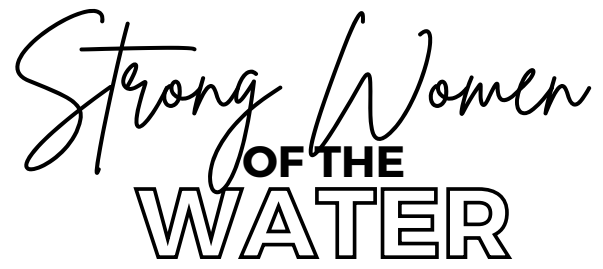
Distance: 10 Nautical Miles

## **SEPT 11**

Alert Bay - Port McNeil

Departure: 8:00am

Distance: 6.2 Nautical Miles



# WHAT WE PROVIDE...

All Nations works year-round to ensure we have the necessary funds to bring our plans to fruition. There is no fee to participate.

Although you must cover your own travel costs to get to our launching location and source your own camping supplies, we are pleased to provide your food and paddling gear (life jacket, paddle, support boat).

We gladly accept any donation you are able to offer.



**CAMPING**

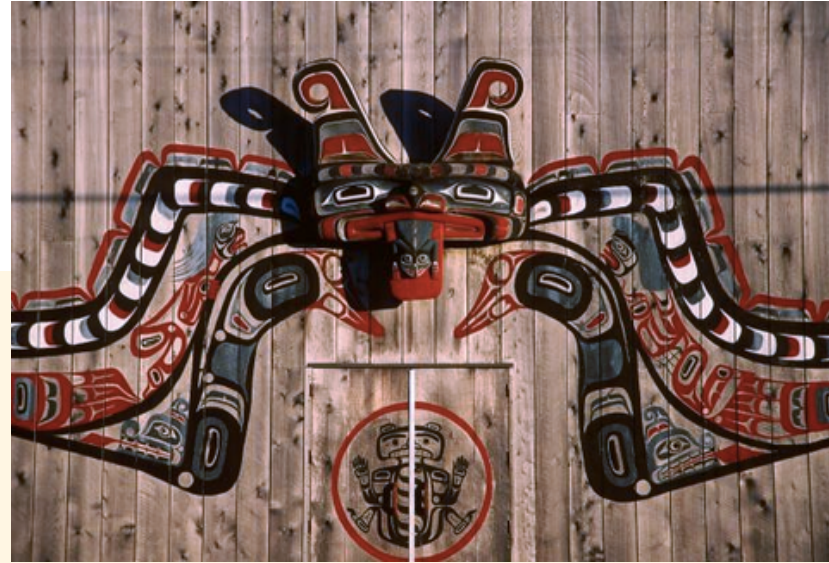


**FOOD**



**Paddling**

# EXPERIENCE



**Fort Rupert**



**Cluxewe Resort**



**Alert Bay**

**THIS EVENT IS PROUDLY DRUG - ALCOHOL - VIOLENCE FREE. THERE WILL BE NO ABUSE OF SELF OR OTHERS.**

# WHAT YOU PROVIDE...



**Camping Equipment**



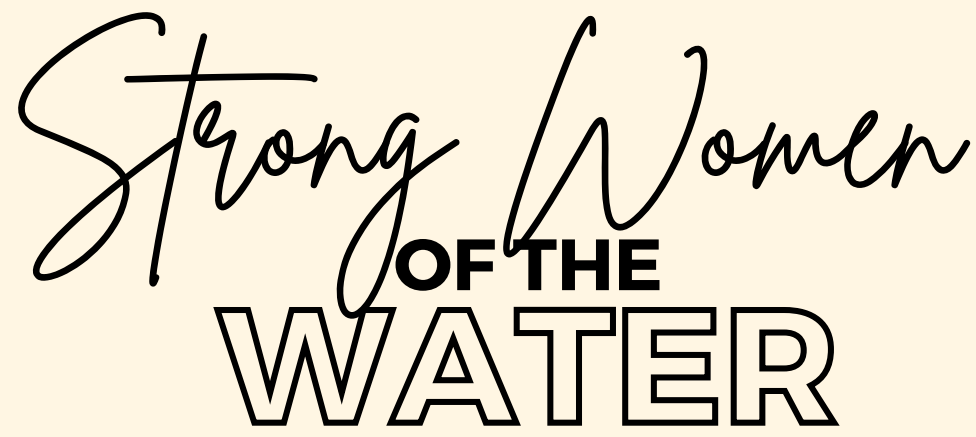
**Proper Attire**



**Transportation to and from northern Vancouver Island**

Please note: All Nations is unable to provide funds for accommodation or transportation.





# GETTING THERE

Let's be strategic!

Carpooling will help ensure no one who is wanting to participate is left behind. It's fun, a great way to meet one another, and it's economical!

**5 hours from Nanaimo to Kwakiutl First Nation (Fort Rupert)**

## **CARPOOLING FROM...**

Bellingham

Calgary

Kamloops

Nanaimo

Vancouver & the Lower Mainland

Victoria

## **Ferry Service to Vancouver Island**

Vancouver to Nanaimo

Hullo (Downtown Vancouver)

BC Ferries (Departure Bay)

Tsawassen to Nanaimo (Duke Point)

## **Air Service**

Harbour Air (South Terminal/DTWN) to

Nanaimo

## HULLO PASSENGER FERRY

Service from Downtown Vancouver to Downtown Nanaimo  
Ferries start at \$29 one way

### Vancouver » Nanaimo

Vancouver Harbour Flight Center

Depart		Arrive
8:00 AM	→	9:15 AM
10:00 AM	coming soon	11:15 AM
12:00 PM	→	1:15 PM
3:30 PM	coming soon	4:45 PM
6:30 PM	→	7:45 PM
7:30 PM	coming soon	8:45 PM
10:30 PM	→	11:45 PM

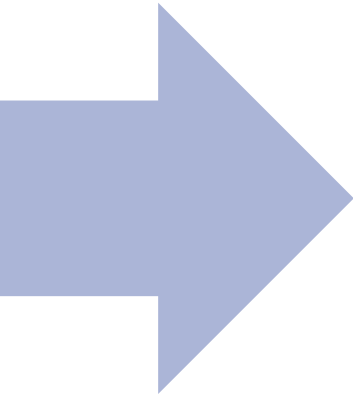
### Nanaimo » Vancouver

Nanaimo Port Authority

Depart		Arrive
6:00 AM	→	7:15 AM
8:00 AM	coming soon	9:15 AM
10:00 AM	→	11:15 AM
12:00 PM	coming soon	1:15 PM
4:30 PM	→	5:45 PM
5:30 PM	coming soon	6:45 PM
8:30 PM	→	9:45 PM

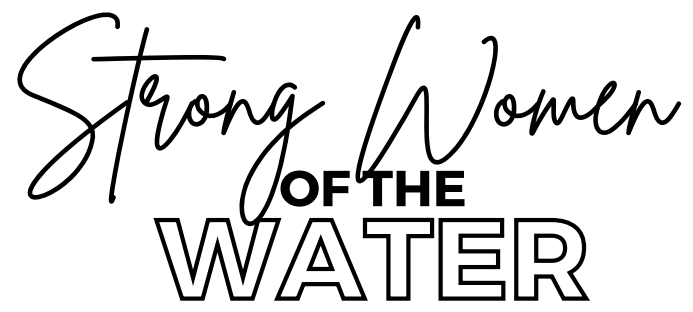
## BC FERRY

Service noted is for Horseshoe Bay to Nanaimo and Nanaimo to Horseshoe Bay  
 Vehicle and Walk-On Service available



FRIDAY			
DEPART		ARRIVE	DURATION
6:25 AM	-	8:05 AM	⌚ 1h 40m
8:45 AM	-	10:25 AM	⌚ 1h 40m
11:05 AM	-	12:45 PM	⌚ 1h 40m
12:00 PM	-	1:40 PM	⌚ 1h 40m
1:25 PM	-	3:05 PM	⌚ 1h 40m
3:55 PM	-	5:35 PM	⌚ 1h 40m
6:15 PM	-	7:55 PM	⌚ 1h 40m
7:30 PM	-	9:10 PM	⌚ 1h 40m
8:30 PM	-	10:10 PM	⌚ 1h 40m
10:40 PM	-	12:20 AM	⌚ 1h 40m

MONDAY			
DEPART		ARRIVE	DURATION
6:25 AM	-	8:05 AM	⌚ 1h 40m
7:25 AM	-	9:05 AM	⌚ 1h 40m
<i>Only on: 09 OCT</i>			
8:45 AM	-	10:25 AM	⌚ 1h 40m
11:05 AM	-	12:45 PM	⌚ 1h 40m
12:15 PM	-	1:55 PM	⌚ 1h 40m
<i>Only on: 09 OCT</i>			
1:25 PM	-	3:05 PM	⌚ 1h 40m
2:45 PM	-	4:25 PM	⌚ 1h 40m
<i>Not Available on: 09 OCT</i>			
3:55 PM	-	5:35 PM	⌚ 1h 40m
6:15 PM	-	7:55 PM	⌚ 1h 40m
8:30 PM	-	10:10 PM	⌚ 1h 40m



We travel as one, so be prepared to depart on-time.



# MEET

TIME: 5:00pm

Land: Kwakiutl First Nation (Fort Rupert)

# DEPART

TIME: 7:00am

Land: Cluxewe

# DEPART

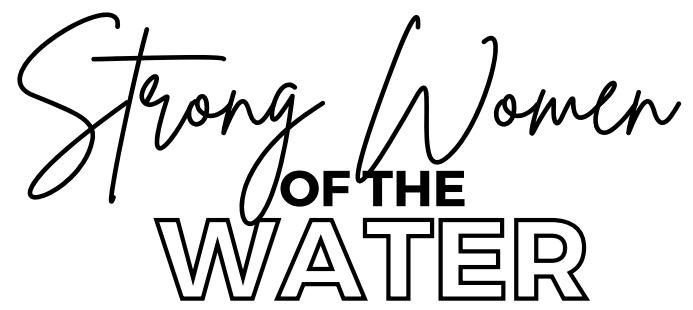
TIME: 8:00am

Land: Nagmis First Nation (Alert Bay)

# DEPART

TIME: 8:00am

Land: Port McNeil



# PARKING

Our goal is to shuttle participants between Fort Rupert (Port Hardy) and Port McNeil on Friday evening.

Cars will be left either in the BC Ferries parking lot or in the Port McNeil Marina - we will wait instruction from Captain Sonnier who will determine the best location for the canoe to unload passengers.

While this might seem inconvenient now, coming ashore and being able to load and go, is a luxury!

Please remember any parking cost is your responsibility.

# PACKING LIST

Each paddler travels with their own gear - pack what you can carry and carry what you pack.

Being prepared before hand will allow you and your fellow pullers the best experience. While it might seem odd to have both sunscreen and rain ponchos, thinking ahead for all situations, make sense.

Be sure to pack along medications, as well as any gravol or anti-nausea treatments.

Canoe clothing should include water shoes, moisture wicking shirt, quick dry pants or shorts, sun shirt or rash guard if you are sensitive, hat, and paddling gloves if required. Layer for cooler early mornings and warm afternoons.

We pack generic lunches and snacks - if you have special requirements, please provide your own.

# THE BASICS

**TENT**

**SLEEPING BAG & MAT**

**FLASHLIGHT/HEADLAMP**

**TOWEL**

**BUG SPRAY/SUNTAN LOTION/LIP BALM**

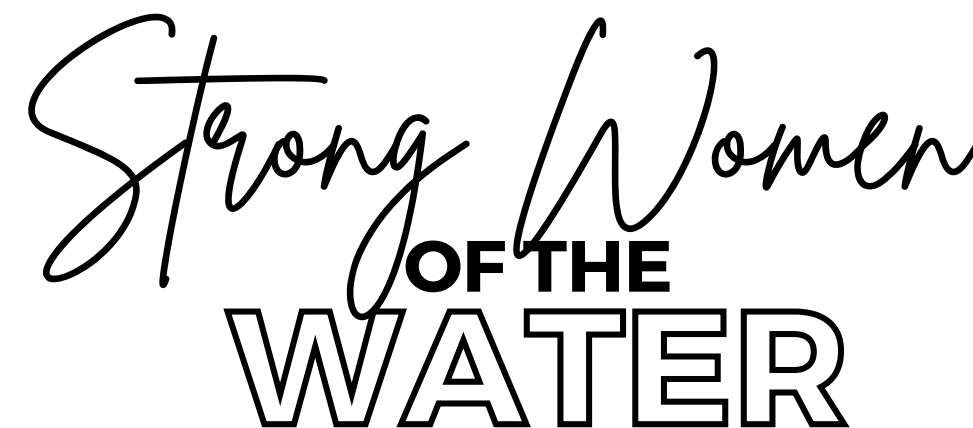
**PERSONAL TOILETRIES**

**CLOTHING INCLUDING RAIN WEAR**

**DRY SACK FOR CANOE**



- 1: Every stroke we take is one less we have to make
- 2: There is to be no abuse of self or others
- 3: Be flexible
- 4: The gift of each enriches all
- 5: We all pull and support each other
- 6: A hungry person has no charity
- 7: The journey is what we enjoy
- 8: A good teacher always allows the student to learn
- 9: Life jackets must be worn at ALL times while on the water
- 10: No smoking in the canoe or during landing protocols
- 11: No drugs or alcohol or violent behaviour permitted
- 12: Everyone travelling with the All Nations canoes must attend circle every night and/or morning
- 13: Listen to your skipper, support boat team, pull organizers - they are experienced and have important information to share



*Kasem saktx' qaye*  
*Strong Women*  
**OF THE**  
**WATER**

**EMOTE!**

**WE ARE SO  
EXCITED YOU ARE  
JOINING US**

*All Nations*  
**PADDLES UP**

604-374-5528

[allnationspaddlesup@gmail.com](mailto:allnationspaddlesup@gmail.com)

[allnationspaddles.com](http://allnationspaddles.com)